

SYMPTOMS OF SEPSIS

- S** Shivering, fever, or very cold
- E** Extreme pain or general discomfort (“worst ever”)
- P** Pale or discoloured skin
- S** Sleepy, difficult to rouse, confused
- I** “I feel like I might die”
- S** Short of breath

If you have 2 or more of these symptoms,
seek URGENT medical attention

